

**North Wirral Velo 10 Mile Time Trial
Sunday 07/5/23 09:00**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.

Course D10/1 Time of start 09:00- First rider off at 09:01

Course Description (red arrows above)

START at the first raised kerbstone 210 yds South of sign "Intake Lane" near Bickerstaffe church.

Proceed via "Intake Lane" and "Lodge Lane" to Wheatsheaf Island, where left along A570 to Motorway Island.

Encircle island & follow A570 via Wheatsheaf Island to Mossborough Island.

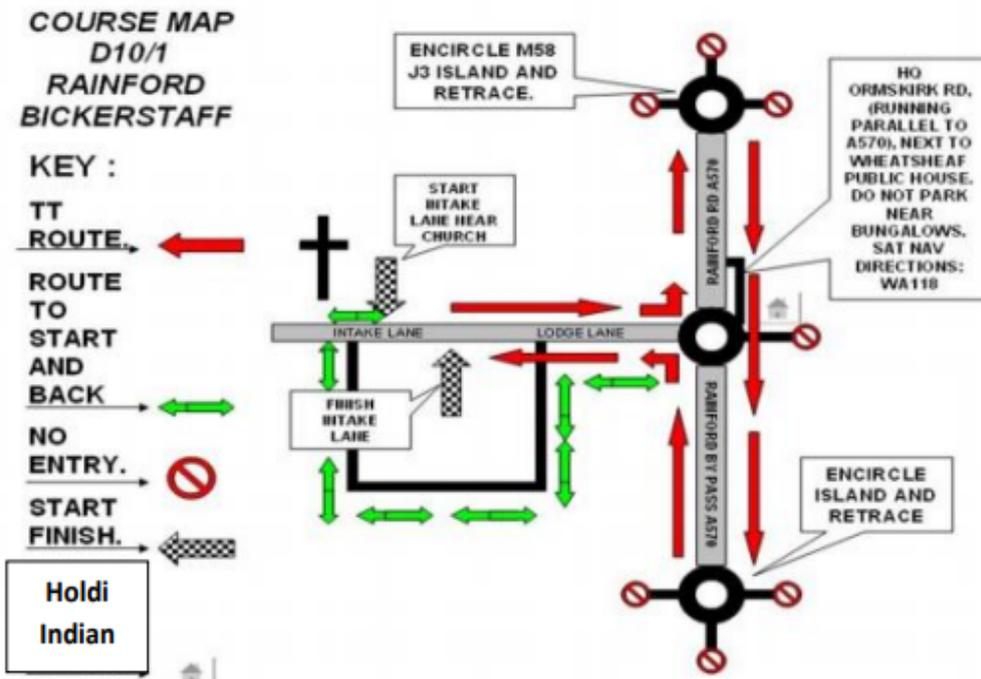
Encircle island & follow A570 to Wheatsheaf Island where left into "Lodge Lane" & "Intake Lane" to FINISH at second gate post into plantation.

Event Secretary:- Robin Hennesys 72 Ringwood Oxtou Wirral

email:- robshennessy@gmail.com : mobile 07508611089

Timekeepers:- Katherine Wooder, Dominic McGinness

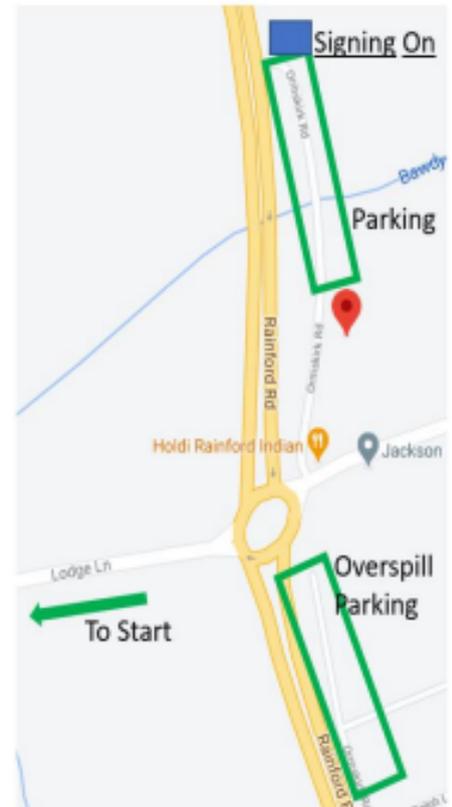
PLEASE READ AND ADHERE TO THE SAFETY INFORMATION, GUIDELINES AND REGULATION



Guidelines

Race Day Parking and signing on

- Signing on will be at the far end of the layby (Ormskirk RD) near to the Wheatsheaf/Holdi Indian restaurant (sat nav WA11 7TA). There are no changing or toilet facilities. We can only apologise. **Please arrive race ready.**
- Each competitor must sign on when collecting and returning their race numbers at the signing on area, this is a CTT Requirement. Please pick up your number from the signing on area and return it at the end of the race, do not forget to sign out. Numbers should be pinned to the lower back area and be clearly visible. Make sure you call out your number at the finish, otherwise your time may not be recorded. Do not remain, or ask for your time, at the finish.
- Parking will be available near to signing on, please pay attention to the marshals who will advise you on the best place to park, **please do not park near to the houses/bungalows in the local area or in the Holdi car park.**
- **NO parking** near to the start or finish. Overspill parking is available in the layby shown on the map, again
- No parking near to local residencies.



Riding to and from the Start/Finish

- Please use the following map to ride up to the start. Competitors who have not yet started should not travel in the direction of finish past the timekeeper at the finishing point, follow the green arrows to the start and to return .
- Whilst cycling towards the start or back to the HQ please consider the riders who are still racing.

Rules and Regulations

- Cycling Time Trials require all competitors to wear a hard-shell helmet that conforms to a recognised safety standard.
- A working front and rear light, either flashing or constant, must be fitted to the machine in a position visible to other road users and be active whilst the machine is in use. No Lights, No ride.
- Riders **MUST NOT** stand in the road at the start or finish. Riders **MUST NOT** make U-turns in the road near the start or finish.
- Riders **MUST NOT** ride with their head down. Any rider observed to be riding in an unsafe manner or disregarding the Highway Code may face disciplinary action.
- Riders must cover the shoulders and top of your arm (traditional tri suits are not acceptable if they do not cover the shoulders and upper arms).
- Riders must negotiate (A570/B5203 Mossbrough Road, Rainford and M58/A570 Bickerstaffe intersection) roundabouts (RABs) in a safe and sensible manner in accordance with CTT reg 20 and the rules of the road. Riders must be able to brake and stop at the island if traffic conditions require this. Riders **MUST NOT USE** their tri-bars / Extensions from a point 25 metres before entering the RAB and 10 metres after leaving it. Appropriate signage or marks will identify the commencement and termination points of the section covered by this

prohibition. ANy ride seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action.

No.	Start Time	First name	Last name	Club	Gender	Category	Machine
1	09:01:00	Chris	Podmore	North Wirral Velo	Male	Veteran	Road Bike
2	09:02:00	Lee	Johnson	Army Cycling	Male	Veteran	Road Bike
3	09:03:00	Chris	Redhead	North Wirral Velo	Male	Senior	Road Bike
4	09:04:00	Rebecca	Holland	Chester RC	Female	Veteran	TT Bike
5	09:05:00	Daniel	Owens	North Endurance	Male	Senior	TT Bike
6	09:06:00	Peter	Norman	Fibrax Wrexham RC	Male	Veteran	TT Bike
7	09:07:00	Phil	Dobbing	Birkenhead Victoria CC	Male	Veteran	TT Bike
8	09:08:00	Alexander	Munro	SVTTA	Male	Veteran	TT Bike
9	09:09:00	Olive	Liptrot	Graham Weigh Racing-Deeside Olympic	Male	Juvenile	TT Bike
10	09:10:00	Tanya	Samuels	Fibrax Wrexham RC	Female	Veteran	TT Bike
11	09:11:00	Adrian	Smyth	Birkenhead Victoria CC	Male	Veteran	TT Bike
12	09:12:00	Rob	Rix	Southport CC	Male	Veteran	TT Bike
13	09:13:00	Alan	Shuttleworth	Weaver Valley CC	Male	Veteran	TT Bike
14	09:14:00	Geraint	Catherall	Anfield BC	Male	Veteran	TT Bike
15	09:15:00	Mike	Fryer	North Wirral Velo	Male	Veteran	Road Bike
16	09:16:00	Paul	Edwards	Graham Weigh Racing-Deeside Olympic	Male	Veteran	TT Bike
17	09:17:00	John	Leach	Rosendale RC	Male	Veteran	Road Bike
18	09:18:00	Ian	Corrin	Port Sunlight Wheelers	Male	Veteran	TT Bike
19	09:19:00	Charlie	Geoghegan	North Wirral Velo	Male	Espoir	Road Bike

20	09:20:00	Lucy	Morley	Velotik Racing Team	Female	Senior	TT Bike
21	09:21:00	Chris	Lawson	Graham Weigh Racing-Deeside Olympic	Male	Veteran	TT Bike
22	09:22:00	Graham	Williams	Anfield BC	Male	Veteran	TT Bike
23	09:23:00	Martin	Sturge	Graham Weigh Racing-Deeside Olympic	Male	Veteran	TT Bike
24	09:24:00	Paul	Edwards	Graham Weigh Racing-Deeside Olympic	Male	Veteran	TT Bike
25	09:25:00	Paul	Modern	Chester RC	Male	Veteran	TT Bike
26	09:26:00	Les	Boughey	North Shropshire Wheelers	Male	Veteran	TT Bike
27	09:27:00	Ian	Casson	Birkenhead Victoria CC	Male	Veteran	TT Bike
28	09:28:00	Michael	Hill	Chester RC	Male	Veteran	TT Bike
29	09:29:00	Patrick	McKeown	North Endurance	Male	Senior	TT Bike
30	09:30:00	Mark	Donnelly	Birkenhead North End CC	Male	Veteran	TT Bike
31	09:31:00	Mark	Jones	Graham Weigh Racing-Deeside Olympic	Male	Veteran	TT Bike
32	09:32:00	Paul	Lawton	Birkenhead North End CC	Male	Senior	Road Bike
33	09:33:00	Richard	Elmitt	Fibrax Wrexham RC	Male	Veteran	TT Bike
34	09:34:00	Michael	Stanley	North Wirral Velo	Male	Veteran	TT Bike
35	09:35:00	Matt	Collins	Liverpool Century RC	Male	Veteran	TT Bike
36	09:36:00	Robert	Bagot	Warrington Road Club/Horton Light Engineering	Male	Veteran	TT Bike
37	09:37:00	Paul	Williams	North Endurance	Male	Veteran	TT Bike
38	09:38:00	Andy	Langan	Birkenhead North End CC	Male	Veteran	TT Bike
39	09:39:00	Wesley	Iyanda	Liverpool Phoenix CC (Aintree)	Male	Veteran	TT Bike
40	09:40:00	Mark	Liptrot	Graham Weigh Racing-Deeside Olympic	Male	Veteran	TT Bike
41	09:41:00	Michael	Hopkins	North Endurance	Male	Senior	TT Bike
42	09:42:00	Brian	Woods	Graham Weigh Racing-Deeside Olympic	Male	Veteran	TT Bike

43	09:43:00	Howard	Leach	VTTA North Lancs and Lakes Group	Male	Veteran	Road Bike
44	09:44:00	Richard	Chambers	North Wirral Velo	Male	Senior	TT Bike
45	09:45:00	Neil	Buckley	Port Sunlight Wheelers	Male	Veteran	TT Bike
46	09:46:00	Reuben	Corlett	Birkenhead North End CC	Male	Junior	TT Bike
47	09:47:00	Barry	Murphy	Graham Weigh Racing-Deeside Olympic	Male	Veteran	TT Bike
48	09:48:00	Matt	Welsh	Graham Weigh Racing-Deeside Olympic	Male	Veteran	TT Bike
49	09:49:00	David	Wright	Warrington Road Club/Horton Light Engineering	Male	Veteran	TT Bike
50	09:50:00	Niall	Kenyon	Graham Weigh Racing-Deeside Olympic	Male	Senior	TT Bike
51	09:51:00	Ben	Love	Graham Weigh Racing-Deeside Olympic	Male	Veteran	TT Bike
52	09:52:00	Graham	Noble	Graham Weigh Racing-Deeside Olympic	Male	Veteran	TT Bike
53	09:53:00	Eddie	Monteith	Warrington Road Club/Horton Light Engineering	Male	Senior	TT Bike
54	09:54:00	Paul	Shallicker	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers	Male	Veteran	TT Bike
55	09:55:00	Richard	Gadsden	Liverpool Braveheart Bicycle Club	Male	Senior	TT Bike
56	09:56:00	David	Williams	Velotik Racing Team	Male	Veteran	TT Bike
57	09:57:00	Matt	Morris	Wigan Whs CC	Male	Senior	TT Bike
58	09:58:00	Tony	Greenhalgh	Tactic Sport UK Race Team	Male	Veteran	TT Bike
59	09:59:00	Joe	Cosgrove	Anexo Group Race Team	Male	Junior	TT Bike
60	10:00:00	David	Parkin	Velotik Racing Team	Male	Senior	TT Bike
61	10:01:00	Sean	Mullen	Richardsons-Trek RT	Male	Senior	TT Bike